



# Values Newsletter

## Value of the Month—Caring (including kindness, love and empathy)

**Caring:** feeling that you understand and share another person's experiences and emotions : the ability to share someone else's feelings.

**Kindness:** recognition and enjoyment of the good qualities of someone or something.

**This is what the children say about Caring, kindness, love and empathy:**

- Caring is when you look after people and when you show kindness and concern for others
- Kindness is when you think about others
- Empathy is putting yourself in someone else's shoes

**We can show we care and are kind by:**

- Asking others if you can help
- Treating others the way you want to be treated
- Modelling and mirroring being thoughtful and caring behaviours

### How we will teach the children about Caring and Kindness

- Caring and kindness from the child's point of view.
- Showing caring and kindness in the classroom and school.
- Caring, kindness, love and empathy in the family and Community—  
Mothers day
- Showing caring, kindness, love and empathy in the wider community



Race Leys Infant School

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**You can find out:**

- What your child is learning about Values this month
- The Value of the Month is Caring (Kindness, love and empathy)
- Find out what you can do at home to help your child understand Value of the month

### Values for this year

Respect	Aut 1
Honesty	Aut 2
Perseverance	Spr 1
<b>Caring</b>	<b>Spr 2</b>
Fairness	Sum 1
Teamwork	Sum 2

## Children's understanding of Caring

The children have been introduced to what caring and kindness means and how they can use this and show it every day in school.

They have found out how empathy is shown by putting themselves in others shoes.

Children will learn to consider the feelings of others and the impact of their choices on others.

This will compliment our work on understanding emotions to support positive attitudes and behaviour.



## Caring, kindness, love and empathy –What the children say



## Home learning activities— Caring

- Do something special for a person who you care for e.g. something for mum/grandparent on mothers day
- Make a heart shape and write the names of all of the people you love in it.
- Think about charity events we have done in school, e.g. Children in Need, Numbers Day for NSPCC, Comic Relief etc. Talk about how you can show empathy by taking part in these activities. Make a pictures of how you joined in and what you did to help. Bring them in for Mrs Ward.
- Find a story about being kind. Read it at home and bring it into school to share with your class.

